

ONE WORD STORY

Ice Breaking activity

This icebreaking activity fosters creative flow and teamwork, focusing on the importance that great ideas emerge from collective contribution rather than individual control ,

Time: 5 minutes

Small group exercise

Materials:

- An open room with chairs in circle
- (Optional) a small ball to pass around and indicate turns



Activity:

1. First person says out loud one word
2. The next one, says another one
3. And so on, each person contributes to create a spontaneous group story

TIPS

1. As facilitator, you can set up a theme linked with the workshop topic (i.e. sustainability) which would help participants think about related terms
2. Keep a lively rhythm, do not let them think for more than 5 seconds.