

6 Thinking Hats

Use this sheet to explore an idea from six different perspectives

Assign a hat to an individual or a group, and give them 5-10 minutes to formulate the challenge according to their role.



 The Facilitator Organise ideas and wrap up conclusions	 The Analyst Focuses on facts and objective data	 The Cautious Thinks about risks and potential problems
 The Optimist Sees the positive side and opportunities	 The Innovator Generates new alternatives and creative solutions	 The Feeler Expresses intuition and gut reactions

Ask for next steps....

- **Facilitator:** What follow –ups are needed?
- **Analyst:** What information gaps should be filled?
- **Cautious:** How can these problems be managed?
- **Optimist:** How can we maximise these positives?
- **Innovator:** Which alternatives are the most promising?
- **Feeler:** How do your feeling influence motivation or acceptance?