

# 6 Thinking Hats

Use this sheet to explore an idea from six different perspectives

Assign a hat to an individual or a group, and give them 5-10 minutes to formulate the challenge according to their role.



 <b>The Facilitator</b> Organise ideas and wrap up conclusions	 <b>The Analyst</b> Focuses on facts and objective data	 <b>The Cautious</b> Thinks about risks and potential problems
 <b>The Optimist</b> Sees the positive side and opportunities	 <b>The Innovator</b> Generates new alternatives and creative solutions	 <b>The Feeler</b> Expresses intuition and gut reactions

## Ask for next steps....

- **Facilitator:** What follow –ups are needed?
- **Analyst:** What information gaps should be filled?
- **Cautious:** How can these problems be managed?
- **Optimist:** How can we maximise these positives?
- **Innovator:** Which alternatives are the most promising?
- **Feeler:** How do your feeling influence motivation or acceptance?



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